

OBC LCM 2026: Session: 1: COACH evaluation sheet for TEAM: NCH

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hiernaux Aurélie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY WOMEN			Heat:2, starttime: 09:13
Heat: 2/8 Lane : 2 Athlete: PAGANO CLARA			Q-time: 01:10:25
PB (50m pool): 01:08.22 Antwerpen 28/07/2024			PB (25m pool): 01:07.28 SB: 01:10.88 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:08.22	
	no time		
			

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN			Heat:4, starttime: 10:07
Heat: 4/9 Lane : 6 Athlete: JEGHERS MAËL			Q-time: 01:09:63
PB (50m pool): 01:09.63 Seraing 23/03/2025			PB (25m pool): 01:07.35 SB: 01:09.92 Charleroi 15/02/2026
	5 0 M	1 0 0 M	
PB	00:33.55	01:09.63	
	00:33.55	00:36.08	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN			Heat:3, starttime: 11:12
Heat: 3/8 Lane : 4 Athlete: PAGANO CLARA			Q-time: 00:32:35
PB (50m pool): 00:32.35 Seraing 25/01/2026			PB (25m pool): 00:31.54 SB: 00:32.35 Seraing 25/01/2026
	5 0 M		
PB	00:32.35		
	00:32.35		
			

Coach feedback: